



St Peter's Pre-School Policies and Procedures  
May 2020

## 11. Health and Hygiene

St Peter's Pre-School promotes a healthy lifestyle and a high standard of hygiene in its day-to-day work with children and adults. This is achieved in the following ways:

### ***Information Sources:***

- Parents will have the opportunity to discuss health issues with pre-school staff and will have access to information available to the pre-school.
- The pre-school will maintain links with health professionals and gather health information and advice from the local health authority information services and/or other health agencies.

### ***Communicable Diseases:***

In the event of any child attending preschool having a communicable disease as defined by the Health Protection Agency, OFSTED will be informed immediately.

### ***Food:***

See Food & Drink Policy

### ***Outdoor Play:***

- Children will have the opportunity to play outside throughout the year in the pre-school's own outside play area, weather and play surface permitting.

### ***Personal Hygiene:***

To prevent the spread of infection, adults in the group will ensure that the following good practices are observed:

- Hands washed after using the toilet and before handling food.
- Children with pierced ears not allowed to share each other's earrings.
- Children encouraged to blow and wipe their noses when necessary and to dispose of soiled tissues hygienically.
- Paper towels used and disposed of appropriately.
- Hygiene rules relating to bodily fluids followed with particular care, and all staff and volunteers aware of how infections (including HIV infection) can be transmitted.



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***Cleaning and Clearing:***

- Any spills of blood, vomit or excrement wiped up with blue towel and flushed away down the toilet. Spoiled cleaning equipment bagged and placed in black refuse bin, including rubber gloves. Rubber gloves always used when cleaning up spills of body fluids. Floors and other affected surfaces cleaned with an appropriate cleaning liquid. Clothing contaminated with body fluids are put in bags and handed to parents/carers.
- Spare laundered pants and other clothing available in case of accidents, and polythene bags available in which to wrap soiled garments.
- All surfaces cleaned daily with an appropriate cleaner:  
Blue cloth for messy/craft area. Yellow cloth for general cleaning.

**Headlice:**

- Notices will be posted to alert parents to the presence of headlice within the preschool.
- Parents of children noted to have headlice or eggs will be discreetly notified by staff at the end of the session.
- Parents are requested to treat all family members for headlice immediately they are noticed. We recommend that children are treated before returning to preschool.

**Guidance on COVID-19**

- If a child or any member of the child's family display any symptoms of Coronavirus they must stay home and isolate for 14 days.
- Regular temperature checks of staff and children will take place.
- All staff & children will be asked to wash their hands on entering and existing the preschool.
- To encourage social distancing, large groups will be split into small groups. Seating will be reduced and spaced out.
- Children will be supported in an age appropriate way to understand the steps put in place to keep them safe, e.g. encouraging regular handwashing especially after sneezing and/or coughing.
- Visitors will not be permitted unless essential.
- An enhanced cleaning schedule will take place on a daily & weekly basis, washing then sterilising.
- All waste containing bodily fluids will be disposed of in a hygienic and safe manner.
- Soft furnishings/resources will be laundered at a temperature of at least 40c using a bleach based



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product.

- Malleable activities will be suspended until further notice and all activities will be continuously risk assessed.
- PPE will be worn as usual for nappy changing, cleaning bodily fluids and first aid (when appropriate)
- In the event of a child or adult developing suspected coronavirus symptoms whilst attending the setting, the child's parent/carer will be contacted to pick up the child as soon as possible. Any adult or child with suspected coronavirus must isolate at home in line with the NHS guidance.

This policy was adopted at a meeting of the Pre-school held on: ..... (Date)

Signed on behalf of the Pre-school: ..... (Chairperson)