



St Peter's Pre-School Policies and Procedures
Jan 2025

11. Health and Hygiene

St Peter's Pre-School promotes a healthy lifestyle and a high standard of hygiene in its day-to-day work with children and adults. This is achieved in the following ways:

Information Sources:

- Parents will have the opportunity to discuss health issues with pre-school staff and will have access to information available to the pre-school.
- The pre-school will maintain links with health professionals and gather health information and advice from the local health authority information services and/or other health agencies.

Communicable Diseases:

In the event of any child attending preschool having a communicable disease as defined by the Health Protection Agency, OFSTED will be informed immediately.

Food:

See Food & Drink Policy

Outdoor Play:

- Children will have the opportunity to play outside throughout the year in the pre-school's own outside play area, weather and play surface permitting.

Personal Hygiene:

To prevent the spread of infection, adults in the group will ensure that the following good practices are observed:

- Hands washed after using the toilet and before handling food.
- Children with pierced ears not allowed to share each other's earrings.
- Children encouraged to blow and wipe their noses when necessary and to dispose of soiled tissues hygienically, then they need to wash their hands.
- Paper towels used and disposed of appropriately.
- Hygiene rules relating to bodily fluids followed with particular care, and all staff and volunteers aware of how infections (including HIV infection) can be transmitted.
- Good oral health will be promoted using continuous provision resources.



St Peter's Pre-School Policies and Procedures
Jan 2025

Cleaning and Clearing:

- Any spills of blood, vomit or excrement wiped up with toilet tissue must be flushed down the toilet. Soiled cleaning equipment (including blue towel) is to be bagged and placed in black refuse bin, including rubber gloves. Rubber gloves must always be used when cleaning up spills of body fluids. Floors and other affected surfaces cleaned with an appropriate cleaning liquid. Clothing contaminated with body fluids are put in bags and handed back to parents/carers.
- Spare laundered pants and other clothing available in case of accidents, and polythene bags available in which to wrap soiled garments, we require these to be returned freshly laundered.
- All surfaces cleaned daily with an appropriate cleaner:
Blue cloth for messy/craft area. Green cloth for general cleaning.

Headlice:

- Notices will be posted to alert parents to the presence of headlice within the preschool.
- Parents of children noted to have headlice or eggs will be discreetly notified by staff at the end of the session.
- Parents are requested to treat all family members for headlice immediately they are noticed. We recommend that children are treated before returning to preschool.
- PPE will be worn as usual for nappy changing, cleaning bodily fluids and first aid (when appropriate)

This policy was adopted at a meeting of the Pre-school held on:

Signed on behalf of the Pre-school: (Chairperson)